

JUNE

2011

LUNCH MENU

JCC Mid-Westchester Camps


| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|-------------------------------------|--------|---|
| | | | 1 | 2 | 3 | 4 |
| CAMP GADOL CAMP XTREME CIT EXPERIENCE SAC DANCE INTENSIVE | | | | | | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| DAILY OPTIONS: TOSSED SALAD TUNA/EGG SALAD MINI BAGELS PLAIN PASTA MARGARINE | | | | | | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| | | | | | | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| | | | | | | |
| 26 | 27 | 28 | 29 | 30 | | |
| | Turkey Hero Lettuce and Tomato Baby Carrots Watermelon Chunks | Mac and Cheese Celery Sticks Cantaloupe Chunks | Spaghetti with Mini Meatballs Marinara Cherry Tomatoes Honeydew Chunks | Pizza Cucumber Slices Peaches | |  |
| | | | | | | |

JULY

2011

LUNCH MENU

JCC Mid-Westchester Camps

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|---|---|---|
| | | | | | 1 Chicken Nuggets Corn on the Cob Plums | 2 |
| 3 DAILY OPTIONS: TOSSED SALAD TUNA/EGG SALAD MINI BAGELS PLAIN PASTA MARGARINE | 4 NO CAMP | 5 French Toast Applesauce Cherry Tomato Watermelon Chunks | 6 Sliced Turkey Whole Wheat & White Bread Baby Carrots Cantaloupe Chunks | 7 Bagels Cream Cheese Tuna/Egg Salad Butter Orange Wedges | 8 Chicken Nuggets Pasta with marinara Plums | 9 |
| 10 | 11 Turkey Hero Lettuce and Tomato Baby Carrots Watermelon Chunks | 12 Mac and Cheese Celery Sticks Cantaloupe Chunks | 13 Spaghetti with Mini Meatballs Marinara Cherry Tomatoes Honeydew Chunks | 14 Pizza Cucumber Slices Peaches | 15 Chicken Nuggets Corn on the Cob Plums | 16 |
| 17 | 18 Hamburgers French Fries Cantaloupe Chunks | 19 French Toast Applesauce Cherry Tomato Watermelon Chunks | 20 Sliced Turkey Whole Wheat & White Bread Baby Carrots Cantaloupe Chunks | 21 Bagels Cream Cheese Tuna/Egg Salad Butter Orange Wedges | 22 Chicken Nuggets Pasta with Marinara Plums | 23 |
| 24 | 25 Turkey Hero Lettuce and Tomato Baby Carrots Watermelon Chunks | 26 Mac and Cheese Celery Sticks Cantaloupe Chunks | 27 Spaghetti with Mini Meatballs Marinara Cherry Tomatoes Honeydew Chunks | 28 Pizza Cucumber Slices Peaches | 29 Chicken Nuggets Corn on the Cob Plums | 30  |

