



# SPORTS & FITNESS CENTER

## Fall Into Fitness At The JCC

For a limited time, **Save 20%**

### Trial Fitness & Health Center Packages and

### 5-Session Packages (Personal Training, Massage, Pilates)

#### Our State-of-the-Art Fitness Center Includes:

- Indoor Pool
- Group Fitness Classes
- Studio Cycling Classes
- Racquetball/Gymnasium/Basketball
- Steam/Sauna/Shower
- ... and more!

For more information  
or to arrange a tour of  
the Health and Fitness Center:

John O'Brien  
*Sports and Facilities Director*  
472-3300 x329, obrienj@jccmw.org

or

Leslie Murray  
*Health and Fitness Liaison*  
472-3300 x356, murrayl@jccmw.org



999 Wilmot Road, Scarsdale • [www.jccmw.org](http://www.jccmw.org)

#### New Member Special

## 20% off

**4 Month Trial Fitness or Health Center Membership**

*Exclusions may apply.*

Limit one package per person. Payment in full due upon registration. Coupon must be presented at time of purchase. Expires 12/15/10.



## 20% off

### 5-Session Packages

Personal Training • Massage • Pilates

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